

# **PROBUS CLUB OF TEMPLESTOWE VALLEY Inc.**

## **MINUTES OF THE MEETING OF THE CLUB**

**Held at the Bulleen and Templestowe Community Centre,  
Ted Ajani Reserve,  
Thompsons Road  
Lower Templestowe  
On Monday, 12<sup>th</sup> February 2007**

### **1. Welcome by the Chairperson:**

Vice President Helen Armstrong opened the meeting at 9.50am and welcomed those present.

Helen advised the members that she was deputizing for President Peter Fishley as although Peter was present at today's meeting he was recovering from recent surgery.

- Helen thanked the Activity Leaders for lodging their annual reports which has assisted Secretary Ian in the preparation of the Club's Annual Report.
- She also thanked the Activity Leaders for delivering their programs for the next six months which enabled the Committee to plan the 'Trips and Events Calendar' through to the end of June.
- Helen read to the meeting a 'Thank You' note received from Claire Douglas thanking members for their best wishes while she was in hospital.
- The Book Group is no longer a Probus-run Activity however Helga Braun advised the meeting that a number of members still belonged to a Book Group and that she, Helga, was happy to be the 'contact' for any member wishing to join that activity.
- There is now a new Activity Group for members interested in Photography.
- Today's Speaker is Associate Professor Dr Keith Hill, from the National Ageing Research Institute and the topic of his speech will be "Falling Accidents in the Aged".
- Helen announced that she had been advised that our member Ian Coleman has been the recipient of a Menzies Australia Day Award. Ian was nominated for the award by the Rotary Club of Manningham for his work in promoting the 'Bowel Scan' test kits.
- Annual Subscriptions of \$20.00 will be due by the March meeting. Payment can be made today.
- Lunch to be at the Templestowe Hotel.

### **2. Attendance:**

**Present: 97**

**Visitors: 1** (Michael Murphy from Donvale Hill Probus Club)

**Apologies: 22**

Pat Ajani, Maureen Dubock, Marion Cummins, Carol Wilson, Frances Baldassarre, Kay and Philip Mithen, Jeff Crosbie, Ann Doull, Janet Hammond, Valma Sigg, Elaine Hayne, Joan Planck, George Thomas, Marjory Coronica, Claire Douglas, Robert Anderson, Craig Lukeman,

Lois Mason, Tony Shembrey, Jan Shinnars, June Duncan.

**3. Treasurer's Report: - Jacob Kerseboom  
(As at 31/01/07)**

Balance on Hand - \$5,746.35  
Deposits held for Activities - \$691.95  
Club Funds as at 31/12/06 - \$5,054.40

**Moved:** Treasurer Jake Kerseboom. **Seconded:** Kerry McInerney. **Carried.**

*Attached: Treasurer's Report as at 31/01/07.*

**4. Secretary's Report: – Ian Gault**

- Manningham City Council has advised that the delay in the completion of the renovation of the Thompsons Road Community Hall was due to the builders being required to assist in the re-location of the Doncaster Library.
- The Hall should be available for the April meeting.
- There was still time for members to nominate for positions on the Committee and nomination forms could be collected from him at the Fellowship break.
- Margaret Cornell, Val Reid and Bev McDowell have advised that they will not be re-nominating for a committee position.
- All other current committee members have indicated that they will be nominating for a position on the committee.
- Activities Officer John Mugridge has served three years as Activities Leader and he is therefore not eligible to re-nominate for that position.
- Nominations will close at the conclusion of the Fellowship break and the Secretary will announce to the meeting the candidates before the guest speaker is introduced.

**Moved:** Secretary Ian Gault. **Seconded:** Denis Wheeler. **Carried.**

**5. Activities Reports: - John Mugridge.**

John invited the Activity Leaders to make their reports:

Exhibitions – Wendy Fishley

Thursday, 22 February – Visit to Abbotsford Convent – Payment required today.  
Thursday, 1 March – South Melbourne Walk with Kenneth Park - \$18.00 – Pay today.

Games – John Mugridge

'Games' would recommence on Tuesday 27<sup>th</sup> February at the Templestowe Uniting Church Hall.

Genealogy – Ray Lawley.

Monday, 19 February at the State Library for research and group meeting.

March – Family History Day at Bendigo. More information on the notice board.

Faye Williams – Garden Group.

Monday, 2 April – a visit to city high rise garden – plans to be finalised.

Saturday 3 and Sunday 4 March – Tami and Malcolm Fraser’s garden to be open.

Tentative Garden Group program for 2007:

June – Melbourne Botanical Gardens

August – Cranbourne Market Garden

Golf – Lyn Crosbie.

Golf this Friday at Freeway Golf.

Freeway Golf Course is unavailable for Friday 2 March. Golf will be played at the Yarra Valley Country Club on that day.

Tocumwal Golf trip in April – May. Balance of payment will be required in March.

Barham Golf Trip - September-October booking confirmed – deposit required today.

Photography Group – Doug Hayne.

16 members attended the first meeting and photos that had been brought along were discussed.

It is proposed that meetings will be held on the first Wednesday of each month.

Proposed New Zealand Trip – April 2008 – Doug Hayne.

Information on the Notice Board.

10 names are required for a meeting to be called to discuss possible itineraries.

If 10 names are not forthcoming by April the trip will not proceed.

Walks – Judy Chapman.

- May 22 and 23 – Warburton Overnight Stay – on behalf of Judy, John Mugridge advised that names are required for those interested in participating in this walk and overnight stay. Accommodation will be – twin share
- Wednesday, March 28 – John Hudgson advised that the proposed Chelsea to Frankston Day Walk is to be replaced by a Zoo to St Kilda Walk.
- Overnight Stay – Point Lonsdale – mid February 2008 – Margaret Campbell advised that details are not complete however accommodation would be at the Point Lonsdale Guest House and the cost would be approx. \$60 to \$70 per person (meals not included) – limit of 40 – expressions of interest required by Easter for finalization of plans.
- Mt Gambier Bus Trip – 4 days in October/November – 30 participants will be required for this trip to proceed – names required as soon as possible.

## **6. General Business:**

There was no General Business

## **7. Fellowship Break.**

## **8. Announcement of Candidates for March Election.**

Secretary Ian Gault read to the meeting the names of the members who had nominated for positions on the Committee for the 2007/2008 year:

**Vice President:**

- Ian Gault
- John Mugridge

**Treasurer:** Jacob Kerseboom

**Secretary:** Judy Baker

**Assistant Secretary/Publicity:** Doug Hayne

**Activities:** Ron McBain

**Membership/Welfare:** Lorraine Cooper

**Speakers:** Margaret McGregor

**As there were two nominations for the position of Vice President an election will be required to be held for that position on Monday, 19 March 2007.**

Members were advised that the process of the election to be held on 19 March would be:

- On arrival at the hall register attendance and pay the door fee.
- Proceed to the table where Returning Officer Beverley Wignall and Assistant Returning Officer Denis Wheeler will be situated.
- Name will be checked and ballot paper issued.
- Vote and place the completed ballot paper in the ballot box.

**Voting closes when the President calls the meeting to order.**

**9. Guest Speaker.**

Bev McDowell introduced Professor Dr Keith Hill to the meeting.

Dr Hill is Associate Professor at the National Ageing Research Institute situated at Parkville.

The Institutes current research is investigating 'falling accidents in the aged'.

- Statistics show that in Australia in 2002 there were 51,000 people admitted to hospital as result of transport accidents and 120,000 admitted to hospital due to a fall.
- 10 percent of falls cause serious injury.
- 1 in 3 over the age of 65 will have a fall. Half of those over the age of 90 can expect to have a fall.
- Age is not the major contributing factor as health problems develop with age e.g. eye sight deteriorates; balance and muscle strength deteriorate and ingestion of sleeping pills and anti anxiety/depression medication can have their effect.

Dr Hill introduced to the meeting his Research Assistant 'Jing' and invited her to speak to the meeting on NARI's current work.

Jing is co-coordinating a 'Balance Assessment Program' for the aged. This research project is funded by the Department of Veteran Affairs and requires volunteers, at no cost to the participant, to join the program for evaluation of their balance. If indicated an exercise and/or physiotherapy program is created to assist in improving the recipient's balance.

Pre-requisites for participation are:

- Age 65 + and living at home
- Experiencing minimum balance problems.
- Have had a fall in the last 12 months.

Jing sought names of members to volunteer to join the research project and a number of members did volunteer to participate in the study.

**10. Thanks to the Speaker:**

Bev McDowell called on Hugh Cornell to thank Dr Hill and Jing for their informative and interesting presentation.

**11. Next Meeting:**

At the Bulleen and Templestowe Community Centre on Monday, 19 March at 9.45am.

**12. Meeting Closed at 11.50am.**

**President..... Date.....**

